



3520 PIEDMONT RD, NE  
SUITE 350  
ATLANTA, GA 30305

**PHONE** 404.351.2008  
**FAX** 404.809.3321  
**WEB** peachtreedb.com

## DBT Skills Class: Client Release of Information

Client Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Primary Therapist: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Class Day and Time: \_\_\_\_\_

I authorize full communication and the release of any pertinent medical information between my therapist and Peachtree DBT / Peachtree Psychiatric Professionals. I understand I will not be eligible to participate in the Peachtree DBT Skills Training Program unless I regularly attend individual therapy sessions on an on-going basis. **There will be a case management fee for all clients with an external primary therapist.**

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*After submitting this form to our office, the skills training instructor will contact your primary therapist to establish an open line of communication in order to discuss the client's diagnosis and any important clinical information.*



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## Treating Therapist Agreement for Clients in Peachtree DBT Skills Training

Client's Name: \_\_\_\_\_

Your client's class meets on \_\_\_\_\_ at \_\_\_\_\_

### Treating Therapist

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Treating Therapist Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Frequency of visits with client: \_\_\_\_\_

If your client is in crisis requiring immediate intervention what is the best way to reach you?

\_\_\_\_\_  
\_\_\_\_\_

Who is your back-up therapist if you are unreachable? \_\_\_\_\_

\_\_\_\_\_

You will be receiving a weekly informative email regarding skills taught that week. Please list your preferred email address: \_\_\_\_\_

## Patient Information

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Patient Diagnosis: \_\_\_\_\_

Is there a history of suicide, self-harm or injury to others? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are there any issues of which we should be aware? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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I am the primary individual therapist for the client referred to above. I understand that in order for my client to be eligible to participate in the DBT Skills Training Program with Peachtree Psychiatric Professionals, P.C., s/he must attend regular individual therapy sessions a minimum of every other week. As the primary therapist for this client I agree that I will:

1. Assume full clinical responsibility for my client.
2. Handle or provide back-up services to handle client clinical emergencies.
3. Be available by phone or provide a back-up provider phone number to call during skills training sessions of my client.

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*After submitting this form, the skills training instructor will contact you to set up a brief phone consultation prior to the beginning of the module. The phone consultation is required to ensure the client is an appropriate fit for the skills class.*